



Leeds Aerial Arts Studio: COVID-19 Risk Assessment

For STAFF working and training at the studio

	Risk	Details & Actions	To be completed by	Frequency
Working at Leeds Aerial Arts	Workers contracting or transmitting Covid-19	<ul style="list-style-type: none"> All workers must inform LMC of any symptoms or potential contact with COVID-19. Workers must not visit the studio if they have symptoms or have had potential contact with COVID-19. 	The worker	Ongoing
		<ul style="list-style-type: none"> Classes and training will be scheduled to minimise contact between instructors. 	The worker and LMC	Ongoing
		<ul style="list-style-type: none"> Where possible some work from home will continue through online classes. 	To be arranged between the worker and LMC	Ongoing
		<ul style="list-style-type: none"> Clients will be required to book before attending the studio and to confirm they are free from symptoms and agree to our terms of attending class. 	LMC	Ongoing
		<ul style="list-style-type: none"> Lorna Mackinder-Clark, on behalf of Leeds Aerial Arts LTD, will ensure that all documents are regularly reviewed and updated in line with the most up to date Government advice. Lorna Mackinder-Clark has completed 'An Introduction to Infection Prevention and Control' & 'Prevent COVID-19' Online courses. 	LMC	Ongoing



Cleaning, Hygiene & Handwashing	Workers contracting or transmitting Covid-19 at Leeds Aerial Arts Studio.	<ul style="list-style-type: none"> Hands must be washed upon arrival at the studio: <ul style="list-style-type: none"> Handsanitising stations are located in the Cross York Studios foyer, toilet area and Studio 2 Reception. Handwashing facilities are available in the toilet area and main studio. Disposable paper towels and bins provided. 	Action to be adhered to by the worker Facilities to be maintained by LMC	Ongoing
		<ul style="list-style-type: none"> Signage is in place to remind visitors to wash or sanitise their hands. 	To be maintained by LMC	Ongoing
		<ul style="list-style-type: none"> A '<i>Cleaning, handwashing and hygiene</i>' Procedure is in place to ensure the Studio is frequently sanitised and hygienic. 	Action to be adhered to by the worker Document to be reviewed and updated by LMC	Ongoing
Physical Distancing	Workers contracting or transmitting Covid-19 as a result of close contact at Leeds Aerial Arts Studio.	<ul style="list-style-type: none"> Classes have been set up to ensure physical distancing can be adhered to. The truss has been marked with tape to show where equipment should be rigged to ensure this distancing. The instructor should teach from the point closest to the intercom. Signs are in place to remind workers and visitors of social distancing guidance. Visitors will attend the studio ONLY when booked onto a class in order to minimise contact and manage numbers in the space. 	Action to be adhered to by the worker Facilities to be maintained by LMC	Ongoing
Use of Equipment	Workers contracting or transmitting Covid-19 as a result of	<ul style="list-style-type: none"> Instructors will have their own designated equipment to be used only by them. This should be cleaned at the end of each session (i.e. If teaching 3 classes in a row, this would be cleaned after the third class) 	Action to be adhered to by the worker Equipment to be maintained by LMC	Ongoing



	equipment use at Leeds Aerial Arts Studio.	<ul style="list-style-type: none"> • A <i>'Cleaning, handwashing and hygiene'</i> Procedure is in place to ensure equipment is sanitised and hygienic. • Additional shared equipment (i.e Yoga bricks, eyebags, hand loops) are not to be used until further notice. 		
Teaching & Spotting	Workers contracting or transmitting Covid-19 as a result of close contact at Leeds Aerial Arts Studio.	<p>When teaching it may not always be possible to be 1m+ apart. In this instance the following practical applications to manage the transmission risk will be taken:</p> <ul style="list-style-type: none"> • A document of <i>'Revised Teaching Techniques'</i> will be available to all workers to minimise the need for excessive spotting. • Classes will be shorter in duration • Doubles work (i.e. Two participants to one piece of equipment is not permitted at this time.) 	<p>Action to be adhered to by the worker</p> <p>Supported by LMC</p>	Ongoing
'High Touch' Areas	Workers contracting or transmitting Covid-19 as a result of being at Leeds Aerial Arts Studio.	<ul style="list-style-type: none"> • 'High touch' items have been removed from the space (i.e. Soft furnishings, stock, leaflets and flyers) • 'High touch' area have been identified, marked and added to the <i>'Cleaning, handwashing and hygiene'</i> procedure (i.e. Intercom, door handles, hard surfaces) 	<p>Action to be adhered to by the worker</p> <p>Facilities to be maintained by LMC</p>	Ongoing
Returning to Exercise and to Work	Detrimental effect on workers physical and mental health as a result of returning to work following	<ul style="list-style-type: none"> • Workers will be able to access the studio for personal training to prepare for the return to teaching. • Schedules will aim not to overwhelm the worker on return, and can be adapted at any point. • Schedules will allow for an effective warm up, cool down and recovery between teaching sessions. • LMC, on behalf of Leeds Aerial Arts, will regularly consult with the worker to adapt schedules and demands to support the 	<p>Communication between the worker and LMC</p>	Ongoing

Updated 2nd July 2020
L Mackinder-Clark
Leeds Aerial Arts LTD



	an extended period of time away.	return to work.		
End				

Track & Trace:

Leeds Aerial Arts Ltd will cooperate with the necessary health personnel and NHS Test and Trace scheme in the event that any individual who has participated in studio activities tests positive for COVID-19.

Feedback and comments:

This plan will be updated as we received further Government guidance, and will remain published at [Leedsaerialarts.co.uk](https://leedsaerialarts.co.uk)

If you have any comments or queries please contact lorna@leedsaerialarts.co.uk